



Fluoride varnish application in primary care physician's office during a well-visit.

# FLUORIDE VARNISH:

The best tool for physicians to ensure a healthy mouth accompanies a healthy body.



Data from the Medical Expenditure Panel Survey revealed that 89% of infants and one-year-olds had office-based physician visits annually, compared with only 1.5% who had dental visits.

**TOOTH DECAY REMAINS ONE OF THE MOST COMMON CHRONIC DISEASES OF CHILDHOOD IN THE UNITED STATES**, but access to dental care is a challenge for many. Dental caries disproportionately affects poor, young, minority populations and children with special health care needs. Among children ages **2 to 5 years** (2011-2016 data)\*:

**33%**

Mexican-American children have had caries in their deciduous teeth\*

**28%**

Non-Hispanic Black children have had caries in their deciduous teeth\*

**18%**

Non-Hispanic White children have had caries in their deciduous teeth\*

**17%**

Children from low-income households have untreated caries\*

Compared to about 5% of children from higher-income households

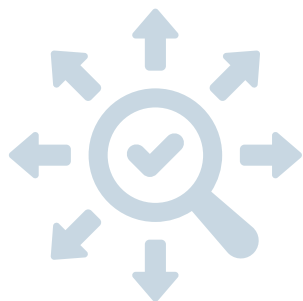


Fluoride varnish should be applied **at least every 6 months** to both the primary and permanent teeth of all children with elevated caries risk.\*

**Medicaid pays physicians for the application of fluoride varnish in all 50 states.**

**Under the Patient Protection and Affordable Care Act, 30 payers are required to cover, without cost-sharing, preventive services recommended by the US Preventive Services Task Force (USPSTF) and Bright Futures guidelines.** The USPSTF has recommended since 2014, that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption (B recommendation\*).

Apply fluoride varnish according to the periodicity schedule and bill using the **CPT code 99188**. Fluoride varnish is a proven tool in early childhood caries prevention. Additional training on oral screenings, fluoride varnish indications and application, and office implementation can be found in the Smiles for Life Curriculum Course: Caries Risk Assessment, Fluoride Varnish and Counseling at [smilesforlifeoralhealth.org](https://smilesforlifeoralhealth.org).



The AAP Children's Oral Health Website is a great resource for oral health practice tools!  
[healthychildren.org/English/healthy-living/oral-health](https://healthychildren.org/English/healthy-living/oral-health)

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## The prevalence of dental caries for the youngest of children has not decreased over the past decade, despite improvements for older children.\*

Visits to physicians outnumbered visits to dentists at 250 to 1 for this age group. Because the youngest of the pediatric patient population visits the pediatrician more than the dentist, **it is critical that pediatricians are knowledgeable about dental caries, prevention of the disease, and interventions available to the pediatrician and the family.**

### ORAL CARE AND PREVENTION MADE EASY.

**FluoroDose® is a clear 5% sodium fluoride varnish** that is FDA cleared to treat dentinal sensitivity. THE DENTAL ADVISOR, an independent oral care research and evaluation institute, rated FluoroDose the **TOP fluoride varnish for 6 consecutive years.**

FluoroDose paints on the teeth easily and quickly, in less than a minute. Swipe across the front/buccal surfaces, then swipe across the back/lingual surfaces; next swipe across the top/occlusal surfaces. **You're done in 60 seconds!** And, our patented, single-patient LolliTray™ packaging is unique, hygienic and completely disposable!

**FluoroDose fluoride varnish is reimbursed under medical code CPT 99188.**



♥ Young patients love our yummy flavors! ♥



To find out more about how award-winning FluoroDose can help your patients' oral health, or to order, visit us at **centrix-medical.com** or call **800.235.5862**.

#### THE IMPORTANCE OF FLUORIDE VARNISH.<sup>1</sup>

Fluoride varnish is a dental treatment that can help prevent tooth decay, or stop it from getting worse. Fluoride varnish is made with fluoride, a mineral that can strengthen tooth enamel (the outer coating on teeth).

Fluoride varnish is perhaps, the most important of treatments to prevent and reduce cavities. Brushing using the right amount of toothpaste with fluoride, flossing regularly, getting regular dental care, and eating a healthy diet are important habits.

#### FLUORIDE VARNISH IS SAFE.<sup>1</sup>

Fluoride varnish is safe and used by dentists and doctors all over the world to help prevent tooth decay in children. Only a small amount is used. The varnish holds tight to the enamel to prevent swallowing and allow complete uptake into the enamel. It is quickly applied and hardens. Then it is brushed off after 4 to 12 hours.

Some brands of fluoride varnish make teeth look yellow. Other brands make teeth look dull. FluoroDose goes on clear and stays clear!

#### WHY YOUNG PATIENTS NEED FLUORIDE VARNISH.<sup>1</sup>

**Fluoride varnish is used to help prevent or slow down tooth decay.**

Pediatricians apply the varnish starting when the first tooth appears, about 6 months at well-child visits.

**It is recommended that children have varnish applied 2 to 4 times per year until they are 5 years old.**

REF 360140 DragonBerry, 120    REF 360087 Bubble Gum, 120    REF 360137 Caramel, 120    REF 360110 Cherry, 120    REF 360107 Melon, 120    REF 360086 Mint, 120    REF 700001 Assorted, 42  
REF 360141 DragonBerry, 600    REF 360077 Bubble Gum, 600    REF 360138 Caramel, 600    REF 360111 Cherry, 600    REF 360108 Melon, 600    REF 360078 Mint, 600    REF 360221 Assorted, 600  
REF 360142 DragonBerry, 1200    REF 360106 Bubble Gum, 1200    REF 360139 Caramel, 1200    REF 360112 Cherry, 1200    REF 360109 Melon, 1200    REF 360105 Mint, 1200

\* Kent, KA. (2022) Bright Futures: Promoting Oral Health [PowerPoint Slides]. 2022. Accessed <date>.  
[https://www.aap.org/en/practice-management/bright-futures/bright-futures-in-clinical-practice/bright-futures-educational-resources/\(https://downloads.aap.org/BF/pdf/BF\\_AgendaSetting\\_Presentation.pdf\)](https://www.aap.org/en/practice-management/bright-futures/bright-futures-in-clinical-practice/bright-futures-educational-resources/(https://downloads.aap.org/BF/pdf/BF_AgendaSetting_Presentation.pdf))

1. <https://www.healthychildren.org/English/healthy-living/oral-health/Pages/Fluoride-Varnish-What-Parents-Need-to-Know.aspx>

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